

**JUAN MICHELLE MARTIN PT, DPT**

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**EDUCATION:**

**Doctorate of Physical Therapy (DPT)**

New York Institute of Technology, NY, June 2004- May 20th 2007

**Bachelor of Science in Biology** (minors in Kinesiology & Psychology)

University of Montevallo, Montevallo, AL, August 2000-May 2004

**Postgraduate Certificate in Sex Counseling**

University of Michigan, Ann Arbor MI, April 2022

**WORK EXPERIENCE:**

**Owner of JMM Health Solutions**

**2016- present**

**D.B.A. The Pelvic Perspective**

Pelvic, perinatal and sexual health specialist

Birth/ Postpartum support (doula)

Speaker (domestic and international)

Pediatric Pelvic Health Consultant including Georgia Cyber Academy  
2018-2020)

**D.B.A. Zero to Telehealth**

**2018-present**

Creator of Zero to Telehealth clinician coaching and consulting program

Telehealth, remote monitoring and virtual education consultant

**Consultant (Allied Health) for Oath Care**

**2022**

**Co-Owner of The Pelvic PT Doulas**

**2020- present**

Birth Doula mentorship and Doula Training for Clinician (Continuing Education)

**Acute care clinician**

**2012- 2019**

Inpatient acute care with focus in orthopedics, women's health (L&D), NICU, critical care

Northeast Georgia Health System

**2016- 2019**

Eastside Medical Center

**2014- 2019**

Gwinnett Medical Center

**2012- 2015**

**In-patient Neuro and Orthopedic Rehab**

**2010- 2014**

In-patient rehab for complex TBI, stroke, neurological and post operative orthopedic cases

North Fulton Hospital & Rehabilitation Center

**Clinical Director (Outpatient Orthopedics)**

**2011- 2013**

Atlanta Rehabilitation and Performance Center

Adult and pediatric orthopedics and return to sport; Women's Health

**Staff PT (Outpatient Orthopedics- Adults & Children and Women's Health)**

**2007- 2011**

Sovereign Rehabilitation (06/01/09- 04/14/11)

Joint Effort Physical Therapy (06/15/07- 05/31/09)

## **PUBLICATIONS**

Douris, Peter C., Ahmed S. Elokda, John P. Handrakis, Suze Principal, Eleni Rondo, **Juan Bovell**, William P. Coughlin, Charles N. Mastroianni, Michael J. Wong, and Thomas Zimmerman. 2009. "Martial Art Training Enhances the Glutathione Antioxidant System in Middle-Aged Adults." *Journal of Strength and Conditioning Research / National Strength & Conditioning Association* 23 (5): 1518–23.

## **PROFESSIONAL SERVICE**

<b>AMREF International (Kenya)</b> International Instructor: Obstetric Pelvic Health coursework (Nairobi 2024, 2025)	<b>2024- present</b>
<b>Obstetrics Committee for the Academy of Pelvic Health (CAPP-OB)</b> Obstetrics Pelvic Academic Faculty; Domestic & International Instructor (India 2024, 2025)	<b>2021- present</b>
<b>International Society for the Study of Women's Health (ISSWSH)</b> DEI committee; Scientific Committee	<b>2021- present</b>
<b>International Pelvic Pain Society (IPPS)</b> Membership Committee	<b>2023- present</b>
<b>Herman &amp; Wallace Education</b> Teaching Assistant (Pelvic Health Courses) Male Pelvic Health; Visceral Mobilization; Pelvic Health 1-3 series	<b>2020- present</b>
<b>National Black Doula Association (NBDA)</b> Licensed & Certified Birth Doula Trainer; Content Contributor and instructor	<b>2018- 2024</b>
<b>Southeastern Telehealth Resource Center Telehealth Taskforce</b> Member of the Southeastern Regions Telehealth Taskforce Contributed to language and implementation of telehealth within the region throughout the COVID-19 pandemic	<b>2019- 2021</b>
<b>Girls Gone Strong</b> Expert contributor for pelvic health/ women's health issues pre and post-natal for Pregnancy and Postpartum Coaching certification and GGS text (2020-2021)	<b>2020- 2021</b>
<b>International Urogynecological Association (IUGA)</b> Appointed member of the Publications committee until end of 2023 term Review publications for IUGA journal, text and educational content	<b>2020- 2022</b>
<b>Association of Volleyball Professionals</b> Medical Staff PT for AVP Crocs Professional Beach Volleyball Tour	<b>2008</b>

## PROFESSIONAL PRESENTATIONS

Birth Healing Summit 2020: Incorporating Telehealth in Pelvic Health Services  
Birth Healing Summit 2021: Combining Pelvic PT and Doula Work for Improved Maternal Outcomes  
Black Maternal Health Week 2022: Pelvic PT for Pregnancy and Post-Partum  
PelviCon 2022: Therapeutic Considerations for Labor and Birth  
PelviCon 2022: Managing Encopresis: Strategies for Working with Children and Their Parents  
PelviCon Post-Conference Seminar 2023: Obstetric Health for the Pelvic Therapist  
Endometriosis Summit 2023: Integrative Approaches to Post-Operative Pelvic Pain  
Pelvic PT For Better Births: CSM 2023  
Pelvic Health Equity is Not Equality: CSM 2024  
International Instructor for Obstetric Pelvic Health Education: India 2024, 2025; Kenya 2024, 2025  
Program Development for Birth Workers: CSM 2025  
Complexities of Trauma and Sexual Healthcare: ISSWSH/ ISSM Annual Conference 2025  
MEGI Health: The Need For Pelvic Health in High Risk Pregnancy 2025

## ADDITIONAL EXPERIENCE:

### Certified Women's Health Coach

2023

Integrative Women's Health Institute, October 2023

## PROFESSIONAL MEMBERSHIPS

- Southeastern Telehealth Resource Center (SETRC)
- American Physical Therapy Association (APTA)
- International Urogynecological Association (IUGA)
- International Society of Sexual Medicine (ISSM)
- International Society for the Study of Women's Sexual Health (ISSWSH)
- International Pelvic Pain Society (IPPS)
- National Association of Black Physical Therapists (NABPT)
- National Black Doulas Association
- American Association of Sexuality Educators, Counselors and Therapists (AASECT)

## CONTINUING EDUCATION

Institute of Clinical Excellence Primary Care and Orthopedic Certification Coursework	2024-2025
WHTA POP/SUI and Pessary Advanced Clinician Training	2023
Women's Health Coach Certification (IWHI)	2023
University of Michigan Sexual Counselor Certification (Post-Graduate)	2021-2022
Visceral mobilization (H & W)	2020-2021
Pelvic Health 2B (H & W)	2020
The Female Fitness Athlete- Part 1&2 (Pelvic Guru)	2019/ 2020
Male Pelvic Health (Greene Seminars)	2019
Sexual Medicine and Vulvovaginal Conditions (Alcove Education)	2019
Advanced topics in Pregnancy and Postpartum (APTA)	2018
Holistic Treatment of the Postpartum Body (IBH)	2018
Fundamentals in Pregnancy and Postpartum (APTA)	2017
Pediatric Pelvic Floor (APTA)	2018
Levels 1-3 APTA Pelvic Health	2017-2019
Pediatric Pelvic Floor (Dawn Saldicidi via MedBridge)	2016
Functional Capacity Evaluation Certification	2011
Mat Pilates Certification	2008
Various Orthopedic & Neurology related courses	2007-2020

## REFERENCES

Available upon request